

# Wisconsin Girls High School D3 Track and Field Honor Roll

Week 9 May 10 - May 15, 2010: [ Compiled 5/15/10 at 7:14 PM ]

| 12.30 C Simon/L Gassner |                         | Whitehall/Marathon |                             | 09/86 | 100m Dash                      |
|-------------------------|-------------------------|--------------------|-----------------------------|-------|--------------------------------|
| 12.64                   | Gretchen Homan          | 12                 | Burlington Catholic Central | 5/1   | Palmyra=Eagle Invite           |
| 12.64                   | Bria Halama             | 11                 | Independence -Gilmanton     | 4/29  | Independence-Gilm Vs Whitehall |
| 12.72                   | Emily Dittman å         | 11                 | Edgar                       | 4/26  | Athens Co-Ed Invitaitonal      |
| 12.94                   | Emily Kaiser            | 12                 | Cuba City                   | 5/4   | Darlington 6 Team Meet         |
| 12.95                   | Teresa Rock å           | 10                 | Newman Catholic             | 5/6   | Stratford Invitational         |
| 12.98                   | Rachel Rygh å           | 11                 | Blackhawk                   | 4/29  | Cuba City Invitational         |
| 13.01                   | Jena Heidmannn å        | 10                 | Edgar                       | 4/26  | Athens Co-Ed Invitaitonal      |
| 13.04                   | Audra Winter [Sch Recd] | 10                 | Manitowoc Lutheran          | 4/20  | Chilton Triangular             |
| 13.20                   | Ari Oium å              | 11                 | Cashton                     | 4/20  | Cashton Quad                   |
| 13.21                   | Sarah Connoly å         | 10                 | Newman Catholic             | 5/6   | Stratford Invitational         |
| 13.22                   | Jodi Sila å             | 9                  | Cameron                     | 4/27  | Chetek Invitational            |
| 13.24                   | Lexie Schaffer          | 12                 | Hilbert                     | 5/7   | Hilbert Invitaitonal           |
| 13.24                   | Hannah Norwick          | 12                 | Pepin                       | 5/6   | Colfax Invittational           |
| 13.24                   | Sage Carl               | 11                 | Frederic                    | 4/26  | Webster Invite                 |
| 13.32                   | Mariah Schreiner å      | 9                  | Athens                      | 5/3   | Chequamegon Inv @ Park Falls   |
| 13.32                   | Chelsea Henry å         | 11                 | Fennimore                   | 4/29  | Cuba City Invitational         |
| 13.33                   | Katelyn Kieler å        | 12                 | Cuba City                   | 4/29  | Cuba City Invitational         |
| 13.33                   | Mariah Heiman å         | 10                 | Marshfield Columbus         | 4/15  | Marathon HS Invitational       |
| 13.34                   | Lydia Sondalle          |                    | Princeton-Green Lake        | 5/11  | Princeton Triple Dual          |
| 13.34                   | Kara Krahenbuhl         | 12                 | Darlington                  | 5/4   | Darlington 6 Team Meet         |
| 25.14 Kristen Barr      |                         | Wausau Newman      |                             | 2004  | 200 Meter Dash                 |
| 25.93                   | Bria Halama å           | 11                 | Independence-Gilmanton      | 4/26  | Trempealeau Cnty @ Whitehall   |
| 26.24                   | Gretchen Homan          | 12                 | Burlington Catholic Central | 5/1   | Palmyra=Eagle Invite           |
| 26.47                   | Jena Heidmann å         | 11                 | Edgar                       | 4/26  | Athens Co-Ed Invitaitonal      |
| 26.70                   | Meg Heafy å             | 10                 | Reedsville                  | 5/4   | Klinkner Inv @ Chilton         |
| 27.00                   | Emily Dittman å         | 11                 | Edgar                       | 5/10  | Schultz Inv @ Edgar            |
| 27.06                   | Sarah Connoly å         | 10                 | Newman Catholic             | 5/6   | Stratford Invitational         |
| 27.08                   | Jenna Reitz å           | 11                 | Elmwood-Plum City           | 5/11  | Colfax Invitational            |
| 27.34                   | Lexie Schaffer          | 12                 | Hilbert                     | 5/7   | Hilbert Invitaitonal           |
| 27.34                   | Katie Langmeier         | 12                 | Cuba City                   | 4/20  | Fennimore Triangular           |
| 27.42                   | Kira Dittman å          | 9                  | Edgar                       | 5/3   | Edgar Triangular               |
| 27.51                   | Chelsea Henry å         | 11                 | Fennimore                   | 5/14  | Reynolds Inv. @ Boscobel       |
| 27.51                   | Sage Karl å             | 11                 | Frederic                    | 5/4   | Amery Invite                   |
| 27.54                   | Rachel Rygh             | 11                 | Blackhawk                   | 5/14  | Raider Invite @ Belleville     |
| 27.54                   | Hannah Huffman          | 10                 | Darlington                  | 4/27  | Cuba City Quadrangular         |
| 27.56                   | Lydia Sondalle å        | 12                 | Princeton                   | 4/29  | Tri-County @ Plainfield        |
| 27.89                   | Jadra Peterdson å       | 12                 | Colfax                      | 5/11  | Colfax Invitational            |
| 27.95                   | Laney Kimink å          | 10                 | Central Wisconsin Christian | 4/29  | Fndl Cnty Meet @ Fondy HS      |
| 27.95                   | Makayla Hecker å        | 10                 | Wild Rose                   | 4/29  | Tri-County @ Plainfield        |
| 28.01                   | Karissa Andreshak å     | 10                 | Edgar                       | 4/26  | Athens Co-Ed Invitaitonal      |
| 28.04                   | Natalie Buyarski        | 11                 | Oshkosh Lourdes             | 5/11  | Princeton Triple Dual          |

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| <b>56.15 Jamie Vandenberg</b>   |                        | <b>Niagara</b> | <b>2008</b>               | <b>400 Meter Run</b>                 |
|---------------------------------|------------------------|----------------|---------------------------|--------------------------------------|
| 0:57.95                         | Bria Halama å          | 11             | Indep-Gil [Record]        | 4/26 Trempealeau Cnty @ Whitehall    |
| 0:59.21                         | Elizabeth Pospyhalla å | 9              | Edgar                     | 5/13 Edgar Triangular                |
| 1:00.26                         | Jen Cassel å           | 10             | Shell Lake                | 5/6 Hayward Invite                   |
| 1:00.54                         | Sarah Connoly å        | 10             | Newman Catholic           | 5/6 Stratford Invitational           |
| 1:00.62                         | Stephanie Jahn å       | 12             | Deerfield [School Record] | 5/16 Monona Grove Invite             |
| 1:00.76                         | Brooke Seubert å       | 9              | Marathon                  | 4/27 Medford Invitational            |
| 1:01.54                         | Amanda Rothbauer       | 12             | Colfax                    | 5/11 Colfax Invitational             |
| 1:01.64                         | Kira Dittman å         | 9              | Edgar                     | 4/29 Five Team Meet @ Edgar          |
| 1:02.03                         | Natalie Buyarski å     | 11             | Oshkosh Lourdes           | 3/30 Oshkosh HS Inv SM @ UW-Osh      |
| 1:02.23                         | Hannah Pospyhalla å    | 12             | Edgar                     | 4/15 Wautoma Invitational            |
| 1:02.24                         | Jessica DeJong         | 12             | Lincoln                   | 5/6 Eleva-Strum Double Dual          |
| 1:02.62                         | Amanda Rothbauer å     | 12             | Colfax                    | 4/22 Colfax Invitational             |
| 1:02.64                         | Ashley Aune            | 10             | Gibraltar                 | 4/26 Door Cnty Classic @ Gibraltar   |
| 1:02.85                         | Ali Johnson å          | 12             | Loyal                     | 4/29 Auburndale HS Invitational      |
| 1:02.95                         | Annette Lemanski       | 11             | Florence                  | 5/13 Hatchet Inv @ Tomahawk          |
| 1:03.00                         | Lexie Schaffer å       | 12             | Hilbert                   | 4/29 Oconto Falls Invite             |
| 1:03.04                         | Chelsea Henry å        | 11             | Fennimore                 | 5/3 Timberwolves Inv @ River Ridge   |
| 1:03.13                         | Hailey Brown å         | 11             | Royall                    | 5/15 Mauston All-Sports Day          |
| 1:03.42                         | Kasia Wojciehoski å    | 9              | Pacelli                   | 5/15 CWC - 8 Chanp's @ Pacelli       |
| 1:03.50                         | Natalie Buyarski å     | 11             | Oshkosh Lourdes           | 4/15 Wautoma Invitational            |
| <b>2:13.29 Jamie Vandenberg</b> |                        | <b>Niagara</b> | <b>2008</b>               | <b>800 Meter Run</b>                 |
| 2:22.18                         | Wailea Zuelch å        | 12             | North Crawford            | 5/14 Reynolds Inv. @ Boscobel        |
| 2:23.05                         | Ana Breit å            | 11             | Pacelli                   | 5/15 CWC - 8 Chanp's @ Pacelli       |
| 2:23.76                         | Sarah McMahon å        | 11             | Colfax                    | 5/11 Colfax Invitational             |
| 2:24.08                         | Elizabeth Pospyhalla å | 9              | Edgar                     | 4/29 Five Team Meet @ Edgar          |
| 2:24.46                         | Maya Groos å           | 12             | Pacelli                   | 5/15 CWC - 8 Chanp's @ Pacelli       |
| 2:24.69                         | Jerica Nelson å        | 12             | Fennimore                 | 5/14 Reynolds Inv. @ Boscobel        |
| 2:27.84                         | Cassie Forman          | 11             | Waterloo                  | 5/6 Pirate Invitational @ Waterloo   |
| 2:28.04                         | Molly Seidel           | 10             | Unviersity Lake School    | 4/3 Watertown Invitational           |
| 2:28.11                         | Katja Rowell å         | 11             | Brookwood                 | 5/13 Justinger Inv @ Tomah HS        |
| 2:28.24                         | Jessica DeJong å       | 12             | Lincoln                   | 4/27 Hoffman Inv @ Black River Falls |
| 2:28.38                         | Amanda Karnopp å       | 12             | Sevastopol                | 4/29 Luxemburg-Casco Invite          |
| 2:30.34                         | Jade Stanley å         | 10             | Flambeau                  | 5/4 Amery Invite                     |
| 2:30.85                         | Mackenzie Koss å       | 11             | Bangor                    | 4/17 West Salem Inv @ St Marys, MN   |
| 2:31.44                         | Molly Hischke          | 11             | Gillett                   | 4/20 Gillett Quadrangular            |
| 2:31.46                         | Alexa Nutter å         | 12             | Fennimore                 | 4/19 Prairie du Chien Relays         |
| 2:32.00                         | Hansena Vangen å       | 10             | Rio                       | 4/1 Columbia Cnty Meet @ Portage     |
| 2:32.01                         | Sydney Pavlet å        | 9              | Wild Rose                 | 4/29 Tri-County @ Plainfield         |
| 2:32.44                         | Clarissa Jaurequi      | 9              | Gibraltar                 | 4/26 Door Cnty Classic               |
| 2:32.72                         | Natalie Buyarski å     | 11             | Oshkosh Lourdes           | 4/15 Wautoma Invitational            |
| 2:32.94                         | Brooke Jarchow         | 11             | Pardeeville               | 5/7 21st Deerfield Classic           |

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| 5:01.31 Heather Murphy         | North Crawford            | 1991 | 1600 Meter Run                  |
|--------------------------------|---------------------------|------|---------------------------------|
| 5:01.30 Molly Seidel å         | 10 University Lake School | 4/10 | W/TFA @ UW-Whitewater           |
| 5:15.24 Sarah McMahon          | 11 Colfax [Record]        | 5/6  | Colfax Invitational             |
| 5:19.83 Wailea Zuelch å        | 12 North Crawford         | 5/14 | Reynolds Inv. @ Boscobel        |
| 5:26.22 Breanna Colbertson å   | 9 Spring Valley           | 5/4  | Amery Invite                    |
| 5:26.66 Jerica Nelson å        | 12 Fennimore              | 5/14 | Reynolds Inv. @ Boscobel        |
| 5:26.77 Ana Breit å            | 11 Pacelli                | 5/15 | CWC - 8 Chanp's @ Pacelli       |
| 5:27.73 Danielle Kunkel        | 12 Southwestern           | 5/14 | Reynolds Inv. @ Boscobel        |
| 5:28.93 Elizabeth Pospyhalla å | 9 Edgar                   | 4/23 | Rosholt Invitational            |
| 5:30.23 McKenzie Weber å       | 12 Oshkosh Lourdes        | 4/22 | Xavier Inv @ Rocky Bleir Field  |
| 5:31.28 Jessica DeJong å       | 12 Lincoln                | 4/27 | Hoffman Inv @ Black River Falls |
| 5:32.14 Kayla Sheckles å       | 11 Fennimore              | 5/10 | River Valley Inv                |
| 5:32.22 Katja Rowell å         | 11 Brookwood              | 5/1  | Ginger Morrey @ Riverdale       |
| 5:32.24 Kelsey Bernet          | 12 Monticello             | 5/14 | Raider Invite @ Belleville      |
| 5:32.24 Kathryn Pamperin å     | 9 Three Lakes             | 4/10 | Battle/Border @ Norhtland Pines |
| 5:36.44 Carli Kronstedt        | 12 Pittsville             | 5/13 | Pittsville Invaitonal           |
| 5:36.72 Claire McDonald å      | 10 Oshkosh Lourdes        | 4/30 | Altheimer @ Pewaukee HS         |
| 5:39.04 Smantha Nelson         | 11 Frederic               | 4/26 | Webster Invite                  |
| 5:41.07 Annette Lemanski å     | 11 Florence               | 4/29 | Northland Pines Invaitonal      |
| 5:41.54 Anne Ritter            | 10 Pardeeville            | 5/7  | 21st Deerfield Classic          |
| 5:41.89 Emily Erickson å       | 12 Amherst                | 5/3  | T-Bird Invite @ Iola            |
| 10:49.98 Molly Seidel          | University Lake School    | 2009 | 3200 Meter Run                  |
| 10:55.06 Molly Seidel å        | 10 University Lake School | 4/14 | Lady Spartan @ Brookfield East  |
| 11:26.39 Sarah McMahon å       | 11 Colfax                 | 4/22 | Colfax Invitational             |
| 11:36.35 Sara Hasenjager å     | 12 Sevastopol             | 5/6  | 29th Seymour Invitational       |
| 11:38.32 Breanna Colbenson å   | 9 Spring Valley           | 5/4  | Amery Invite                    |
| 11:47.93 Wailea Zuelch å       | 11 North Crawford         | 5/14 | Reynolds Inv. @ Boscobel        |
| 11:54.27 Danielle Kunkel å     | 12 Southwestern           | 5/14 | Reynolds Inv. @ Boscobel        |
| 11:54.34 Samantha Nelson å     | 11 Frederic               | 5/4  | Amery Invite                    |
| 12:02.24 Kelsey Bernet         | 12 Monticello             | 4/9  | Darlington Invite               |
| 12:12.65 Samantha Nelson å     | 11 Frederic               | 4/15 | Spooner Invitational            |
| 12:16.70 Emily Erickson å      | 12 Amherst                | 5/15 | CWC - 8 Chanp's @ Pacelli       |
| 12:17.54 Kayla Sheckles å      | 11 Fennimore              | 4/19 | Prairie du Chien Relays         |
| 12:18.47 Danica Harrison       | 10 Auburndale             | 5/10 | Schultz Inv @ Edgar             |
| 12:19.96 Kathryn Pamperin å    | 9 Three Lakes             | 4/10 | Battle/Border @ Norhtland Pines |
| 12:26.84 Clare McDonald        | 10 Oshkosh Lourdes        | 5/11 | Princeton Triple Dual           |
| 12:28.44 Cassie Forman         | 11 Waterloo               | 4/27 | Wisconsin Heights Dual          |
| 12:33.72 Cheyernne Wolfe å     | 9 Darlington              | 4/19 | Prairie du Chien Relays         |
| 12:35.13 Maragret Hintz å      | 12 Rosholt                | 4/23 | Rosholt Invitational            |
| 12:36.96 Ana Breit å           | 11 Pacelli                | 4/19 | CWC 8 Pac @ UW-SP               |
| 12:37.11 Sarah Brandt å        | 11 Columbus Catholic      | 5/6  | Stratford Invitational          |
| 12:39.83 Page Albrecht å       | 12 Marshfield Columbus    | 5/6  | Stratford Invitational          |

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| <b>14.63 Megan Rennhack</b> | <b>Dodgeland</b>          | <b>2008</b> | <b>100m HH</b>                 |
|-----------------------------|---------------------------|-------------|--------------------------------|
| 15.37 Caitlin Thomson å     | 11 Whitehall [Record]     | 4/26        | Trempealeau Cnty @ Whitehall   |
| 15.93 Teresa Rock å         | 11 Newman Catholic        | 5/6         | Stratford Invitational         |
| 15.98 Cheyenne Gray å       | 12 Independence-Gil       | 4/26        | Trempealeau Cnty @ Whitehall   |
| 16.37 Tessa Thurs å         | 10 Edgar                  | 4/26        | Athens Co-Ed Invitational      |
| 16.44 Ari Oium å            | 11 Cashton                | 5/10        | Blackhawk @ Viroqua            |
| 16.45 Taylor Sherry å       | 10 Kickapoo-LaFarge       | 5/14        | Reynolds Inv. @ Boscobel       |
| 16.64 Margo Rosandick       | 12 Pittsville             | 4/19        | Athens Meet                    |
| 16.84 Shannon Schaal        | 11 Gillett                | 4/6         | Luxemburg-Casco Triangular     |
| 16.85 Mackenzie Miller å    | 12 Glenwood City          | 5/4         | Amery Invite                   |
| 16.85 Holly Denfield å      | 9 Edgar                   | 4/26        | Athens Co-Ed Invitational      |
| 16.89 Amanda Yenter å       | 12 Rosholt                | 4/30        | Panther Inv @ St Point         |
| 17.04 Kathryn DeJung        | 9 Gillett                 | 4/6         | Luxemburg-Casco Triangular     |
| 17.13 Jael Cornell å        | 10 Algoma                 | 5/6         | 29th Seymour Invitational      |
| 17.15 Thea Schmidt å        | 9 Bruce                   | 5/4         | Bloomer Invitational           |
| 17.28 Amanda Yenter å       | 12 Rosholt                | 4/15        | Wautoma Invitational           |
| 17.34 Kaycee Lund å         | 10 Florence               | 5/13        | Hatchet Inv @ Tomahawk         |
| 17.45 Alyssa Arentz å       | 11 Cashton                | 5/14        | Reynolds Inv. @ Boscobel       |
| 17.46 Amber Dahl å          | 10 Cashton                | 5/14        | Reynolds Inv. @ Boscobel       |
| 17.46 Hana Carl å           | 11 Fennimore              | 4/29        | Cuba City Invitational         |
| 17.48 Alix Kaiser å         | 11 Cuba City              | 4/15        | Lancaster Invite               |
| <b>43.75 Megan Rennhack</b> | <b>Dodgeland</b>          | <b>2008</b> | <b>300 Meter LH</b>            |
| 47.01 Tessa Thurs å         | 10 Edgar                  | 4/29        | Five Team Meet @ Edgar         |
| 47.12 Caitlin Thomson å     | 11 Whitehall [Record]     | 4/26        | Trempealeau Cnty @ Whitehall   |
| 47.74 Teresa Rock           | 11 Newman Catholic        | 5/13        | Pittsville Invitational        |
| 47.94 Margo Rosandick       | 12 Pittsville             | 5/13        | Pittsville Invitational        |
| 48.63 Katie Langmeier å     | 12 Cuba City              | 4/29        | Cuba City Invitational         |
| 48.90 Cassie Scott å        | 12 Shiocton               | 5/15        | CWC - 8 Chanp's @ Pacelli      |
| 49.32 Crystal Oravis å      | 11 Drummond [Record]      | 4/27        | Chetek Invitational            |
| 49.53 Holly Denfield å      | 9 Edgar                   | 4/29        | Five Team Meet @ Edgar         |
| 49.79 Alissa Kluever å      | 12 Hilbert                | 4/29        | Oconto Falls Invite            |
| 49.99 Jenna Carlton å       | 9 Niagara                 | 5/14        | M & O Conf @ Coleman           |
| 50.06 Katelyn Nicolet       | 10 Eleva-Strum            | 4/26        | Trempealeau Cnty @ Whitehall   |
| 50.12 Samantha Knudson å    | 10 Melrose-Mindoro        | 4/22        | Dairyland Dbl Dual @ Whitehall |
| 50.24 Rychia Bosman         | 11 Gibraltar              | 4/22        | Packerland Conf. Relays        |
| 50.41 Steph Walek å         | 12 Independence-Gilmanton | 4/26        | Trempealeau Cnty @ Whitehall   |
| 50.43 Kathryn DeJung        | 9 Gillett                 | 5/14        | M & O Conf @ Coleman           |
| 50.43 Kristin Sitte å       | 12 Manitowoc Lutheran     | 5/11        | Kettle Moraine Lutheran Invite |
| 50.52 Shannon Schaal å      | 11 Gillett                | 4/16        | GB Southwest Quad              |
| 50.54 Brianna Schmitt       | 11 Dodgeland              | 5/13        | Pauquette Inv @ Poynette       |
| 50.54 Justine Bearrows      | 12 Lake Holcombe          | 5/11        | Colfax Invitational            |
| 50.58 Ari Oium å            | 11 Cashton                | 5/10        | Blackhawk @ Viroqua            |

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| 50.44 Newman Catholic          | 2009 400 Meter Relay               |
|--------------------------------|------------------------------------|
| 51.37 Edgar å                  | 4/29 Five Team Meet @ Edgar        |
| 51.64 Newman Catholic å        | 5/3 Edgar Triangular               |
| 52.05 Reedsville å             | 5/4 Klinkner Inv @ Chilton         |
| 52.24 Cuba City                | 4/27 Cuba City Quadrangular        |
| 52.31 Frederic å               | 5/4 Amery Invite                   |
| 52.64 Manitowoc Lutheran       | 4/13 Reedsv/Mischicot @ Manti Luth |
| 52.69 Darlington               | 5/14 Reynolds Inv. @ Boscobel      |
| 53.24 Deerfield                | 5/14 Raider Invite @ Belleville    |
| 53.31 Wild Rose å              | 4/29 Tri-County @ Plainfield       |
| 53.40 Marshfield Columbus å    | 4/27 Wood Cnty @ Pittsville        |
| 53.44 Cameron å                | 5/4 Bloomer Invitational           |
| 53.44 Independence - Gilmanton | 4/20 Knight Inv @ Onalaska Luther  |
| 53.71 Marathon å               | 4/22 Mosinee Invite                |
| 53.72 Stratford å              | 5/6 Stratford Invitational         |
| 53.82 Flambeau å               | 5/4 Amery Invite                   |
| 53.98 Cashton å                | 5/14 Reynolds Inv. @ Boscobel      |
| 54.11 Pacelli å                | 5/15 CWC - 8 Chanp's @ Pacelli     |
| 54.17 Marion å                 | 4/19 CWC Pre-Conf @ Marion HS      |
| 54.24 Colfax                   | 5/11 Colfax Invitational           |
| 54.24 Gibraltar                | 5/3 Lena Invitational              |
| 1:44.37 Poynette               | 1985 800 Meter Relay               |
| 1:47.08 Newman Catholic å      | 5/3 Edgar Triangular               |
| 1:47.12 Edgar å                | 4/29 Five Team Meet @ Edgar        |
| 1:50.41 Reedsville             | 5/4 Klinkner Inv @ Chilton         |
| 1:50.42 Cuba City å            | 4/19 Prairie du Chien Relays       |
| 1:50.54 Manitowoc Lutheran     | 4/13 Reedsv/Mischicot @ Manti Luth |
| 1:51.94 Deerfield              | 5/14 Raider Invite @ Belleville    |
| 1:52.01 Darlington å           | 5/14 Reynolds Inv. @ Boscobel      |
| 1:52.97 Marshfield Columbus å  | 5/6 Stratford Invitational         |
| 1:54.09 Cameron å              | 4/27 Chetek Invitational           |
| 1:54.78 Fennimore              | 5/14 Reynolds Inv. @ Boscobel      |
| 1:54.81 Pacelli å              | 5/15 CWC - 8 Chanp's @ Pacelli     |
| 1:54.84 Colfax                 | 5/6 Colfax Invitational            |
| 1:55.22 Wild Rose å            | 4/29 Tri-County @ Plainfield       |
| 1:55.39 Stratford å            | 5/6 Stratford Invitational         |
| 1:56.24 Whitehall              | 5/6 Eleva-Strum Double Dual        |
| 1:56.24 Gibraltar              | 5/3 Lena Invitational              |
| 1:56.24 Athens                 | 4/19 Athens Meet                   |
| 1:56.48 Marion å               | 4/19 CWC Pre-Conf @ Marion HS      |
| 1:56.54 Oshkosh Lourdes        | 5/11 Princeton Triple Dual         |
| 1:56.61 Iola-Scandinavia å     | 5/6 Stratford Invitational         |

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| 4:00.41 Rosholt                  | 2005 1600 Meter Relay               |
|----------------------------------|-------------------------------------|
| 4:09.41 Edgar å                  | 4/26 Athens Co-Ed Invitaitonal      |
| 4:14.99 Darlington å             | 5/14 Reynolds Inv. @ Boscobel       |
| 4:19.86 Marathon å               | 4/27 Medford Invitational           |
| 4:20.01 Pacelli å                | 5/15 CWC - 8 Chanp's @ Pacelli      |
| 4:20.24 Gibraltar                | 5/3 Lena Invitational               |
| 4:20.86 Newman Catholic å        | 5/3 Edgar Triangular                |
| 4:21.34 Deerfield                | 5/14 Raider Inv @ Belleville        |
| 4:21.54 Colfax                   | 5/6 Colfax Invittational            |
| 4:22.54 Independence - Gilmanton | 5/4 Lincoln/Indep Gil/Alma          |
| 4:22.82 Flambeau å               | 4/27 Chetek Invitational            |
| 4:23.25 Oshkosh Lourdes å        | 4/22 Xavier Inv @ Rocky Bleir Field |
| 4:23.99 Hilbert å                | 4/29 Oconto Falls Invite            |
| 4:24.38 Fennimore å              | 4/29 Cuba City Invitational         |
| 4:25.44 Blackhawk                | 5/14 Raider Inv @ Belleville        |
| 4:25.80 Gillett å                | 5/14 M & O Conf @ Coleman           |
| 4:26.04 Athens å                 | 4/15 Marathon HS Invitational       |
| 4:26.34 Elmwood-Plum City        | 5/4 Mondovi Invitational            |
| 4:26.45 Wild Rose å              | 4/19 CWC Pre-Conf @ Marion HS       |
| 4:28.45 Algoma å                 | 4/29 Oconto Falls Invite            |
| 4:28.59 Rosholt å                | 5/6 Waupaca Invite                  |
| 9:39.67 Frederic                 | 2009 3200 Meter Relay               |
| 10:13.34 Oshkosh Lourdes å       | 3/30 Oshkosh HS Inv SM @ UW-Osh     |
| 10:16.44 Pardeeville             | 5/7 21st Deerfield Classic          |
| 10:17.29 Pacelli å               | 5/15 CWC - 8 Chanp's @ Pacelli      |
| 10:23.35 Edgar å                 | 4/23 Rosholt Invitational           |
| 10:24.89 Frederic å              | 5/4 Amery Invite                    |
| 10:25.19 Pittsville å            | 5/15 Mauston All-Sports Day         |
| 10:27.54 Colfax                  | 5/6 Colfax Invittational            |
| 10:28.04 Fennimore               | 5/4 Darlington 6 Team Meet          |
| 10:29.39 Darlington å            | 4/19 Prairie du Chien Relays        |
| 10:29.71 Flambeau å              | 5/4 Amery Invite                    |
| 10:38.04 Deerfield               | 5/11 Deerfield Dual                 |
| 10:41.99 Marathon å              | 4/29 Five Team Meet @ Edgar         |
| 10:42.14 Spring Valley           | 5/11 Colfax Invitational            |
| 10:45.59 Amherst å               | 4/23 Rosholt Invitational           |
| 10:46.02 Newman Catholic å       | 5/6 Stratford Invitational          |
| 10:46.94 Flambeau                | 5/11 Colfax Invitational            |
| 10:47.14 Kickapoo-La Farge       | 4/15 North Crawford Invitational    |
| 10:47.20 Wild Rose å             | 4/29 Tri-County @ Plainfield        |
| 10:47.24 North Crawford          | 4/15 Westby Invitational            |
| 10:49.22 Sevastopol å            | 3/19 Point Invitational @ UW-SP     |

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| 46' 07.25 | Janae Gjerno     | Deerfield                 | 2002 | Shot Put                       |
|-----------|------------------|---------------------------|------|--------------------------------|
| 41' 00.75 | Kailee Kamps     | 10 Belmont                | 5/4  | Cassville Meet                 |
| 39' 00.00 | Becky Huberty    | 12 Lena                   | 4/15 | 5 Team Meet @ West De Pere     |
| 39' 00.00 | Melanie Brickner | 11 Marathon               | 4/15 | Marathon HS Invitational       |
| 38' 04.00 | Haley Zakrzewski | 11 Rosholt                | 3/19 | Point Invitational @ UW-SP     |
| 38' 01.00 | Kira Cook        | 12 Suring                 | 5/3  | Suring Triangular              |
| 37' 11.00 | Krystal Hubbard  | 12 Fennimore              | 5/3  | Timberwolves Inv @ River Ridge |
| 37' 04.50 | Olivia Bundy     | 12 Whitehall              | 4/26 | Trempealeau Cnty @ Whitehall   |
| 37' 04.50 | Danielle McCord  | 11 Athens                 | 4/19 | Athens Meet                    |
| 37' 03.75 | Katrina Ellis    | 12 River Ridge            | 4/9  | Darlington Invite              |
| 37' 03.00 | Bailey Sauerwein | 12 Whitehall              | 3/30 | Dairyland Indr @ St Marys [MN] |
| 36' 08.00 | Jamie Barker     | 12 Algoma                 | 5/6  | 29th Seymour Invitational      |
| 36' 04.50 | Katy Rutz        | 10 Amherst                | 5/3  | T-Bird Invite @ Iola           |
| 35' 01.75 | Lainey Hafeman   | 12 Algoma                 | 5/6  | 29th Seymour Invitational      |
| 35' 01.75 | Marcie Hebert    | 11 Spencer                | 5/6  | Stratford Invitational         |
| 34' 11.50 | Mary Graase      | 11 Glenwood City          | 5/4  | Amery Invite                   |
| 34' 10.75 | Briehn Luxton    | 11 Brookwood              | 5/10 | Blackhawk @ Viroqua            |
| 34' 10.50 | Katy Rutz        | 10 Amherst                | 5/15 | CWC - 8 Chanp's @ Pacelli      |
| 34' 10.50 | Morgan Weir      | 12 Princeton              | 4/17 | Marshall Invitational          |
| 34' 10.00 | Jamie Barker     | 12 Algoma                 | 4/29 | Oconto Falls Invite            |
| 34' 09.50 | Paige Garriga    | 11 Osceola                | 5/4  | Amery Invite                   |
| 148' 09   | Kami Sweet       | Riverdale                 | 2003 | Discus                         |
| 127' 10   | Kailee Kamps     | 10 Belmont                | 5/10 | Cassville Invite               |
| 121' 09   | Krystal Hubbard  | 12 Fennimore              | 4/29 | Cuba City Invitational         |
| 120' 09   | Theresa Nowak    | 11 Coleman                | 4/29 | Oconto Falls Invite            |
| 120' 02   | Leah Nass        | 10 Manitowoc Lutheran     | 4/13 | Reedsv/Mischicot @ Manti Luth  |
| 119' 11   | Katy Rutz        | 12 Amherst                | 4/29 | Tri-County @ Plainfield        |
| 118' 07   | Marcie Hebert    | 11 Spencer                | 5/10 | Schultz Inv @ Edgar            |
| 112' 04   | Michelle Pehler  | 11 Cochrane-Fountain City | 4/22 | Dairyland Quad @ Eleva-Strum   |
| 111' 10   | Valerie Kasper   | 12 Hilbert                | 4/29 | Oconto Falls Invite            |
| 111' 06   | Jamie Barker     | 12 Algoma                 | 5/6  | 29th Seymour Invitational      |
| 109' 09   | Monique Shaw     | 12 Deerfield              | 5/3  | Deerfield @ Pardeeville        |
| 109' 09   | Alaena Wocking   | 12 Gillett                | 4/20 | Gillett Quadrangular           |
| 108' 09   | Kelly Wirkus     | 12 Edgar                  | 4/19 | Edgar @ Marathon               |
| 107' 04   | Danille McCord   | 11 Athens                 | 4/15 | Marathon HS Invitational       |
| 106' 10   | Bailey Sauerwein | 12 Whitehall              | 4/26 | Trempealeau Cnty @ Whitehall   |
| 105' 06   | Hailey MvGowan   | 10 Darlington             | 5/4  | Darlington 6 Team Meet         |
| 104' 10   | Nicole Heise     | 12 Marathon               | 4/19 | Edgar @ Marathon               |
| 104' 10   | Ashley Guevara   | 11 Siren                  | 4/15 | Siren Invite                   |
| 104' 02   | Lauren Bornemann | 11 Hilbert                | 4/20 | Hilbert Quadrangular           |
| 104' 01   | Katy Rutz        | 10 Amherst                | 5/15 | CWC - 8 Chanp's @ Pacelli      |
| 103' 00   | Haylie DeMoe     | 10 Colfax                 | 4/20 | Cardinal Invite @ Eleva-Strum  |

# Wisconsin Girls High School D3 Track and Field Honor Roll

Week 9 May 10 - May 15, 2010: [ Compiled 5/15/10 at 7:14 PM ]

| 18' 06.50 | Aileen Lemanski   | Florence                  | 2009 | Long Jump                      |
|-----------|-------------------|---------------------------|------|--------------------------------|
| 17' 01.50 | Karissa Andreshak | 10 Edgar                  | 4/23 | Rosholt Invitational           |
| 17' 00.50 | Kelly Flynn       | 11 Manitowoc Lutheran     | 5/11 | Kettle Moraine Lutheran Invite |
| 16' 07.00 | Jena Heidmannn    | 10 Edgar                  | 4/23 | Rosholt Invitational           |
| 16' 06.50 | Tessa Thurs       | 10 Edgar                  | 4/26 | Athens Co-Ed Invitaitonal      |
| 16' 06.25 | Hannah Norwick    | 12 Pepin                  | 5/6  | Colfax Invittational           |
| 16' 05.50 | Caitlin Thomson   | 11 Whitehall              | 4/13 | Bangor Invite                  |
| 16' 04.00 | Emily Kaiser      | 12 Cuba City              | 5/14 | Reynolds Inv. @ Boscobel       |
| 16' 03.25 | Jade Johnson      | 11 Frederic               | 5/4  | Amery Invite                   |
| 16' 03.00 | Andrea Schuster   | 12 Newman Catholic        | 3/23 | Hatchet Inv @ Tomahawk HS      |
| 16' 01.50 | Rachel Melum      | 12 Iola Scandanavia       | 5/3  | T-Bird Invite @ Iola           |
| 16' 00.00 | Jenna Breaker     | 11 Tigerton               | 4/22 | Menominee Indian Inv           |
| 15.06'00  | Ashley Holden     | 9 Amherst                 | 4/29 | Tri-County @ Plainfield        |
| 15' 11.50 | Jenna Brandt      | 12 Independence-Gilmanton | 4/26 | Trempealeau Cnty @ Whitehall   |
| 15' 11.25 | Aarynn Deutsch    | 12 Spring Valley          | 5/4  | Amery Invite                   |
| 15' 11.00 | Jenna Ladsten     | 9 Blair-Taylor            | 4/26 | Trempealeau Cnty @ Whitehall   |
| 15' 10.00 | Lindsey Kirchman  | 10 Algoma                 | 4/29 | Oconto Falls Invite            |
| 15' 10.00 | Tricia Hanson     | 11 Turtle Lake -Clayton   | 4/15 | Doug Speilman Mem @ Tony       |
| 15' 07.25 | Jill Bender       | 11 Whitehall              | 4/13 | Bangor Invite                  |
| 15' 07.00 | Haley Bresina     | 10 McDonnell Central      | 3/22 | McDonnell Indoor Inv @ UW-EC   |
| 15' 06.50 | Danielle Muntner  | 10 Wild Rose              | 4/29 | Tri-County @ Plainfield        |
| 37' 03.00 | Deb Hafenstein    | Waterloo                  | 1985 | Triple Jump                    |
| 38' 05.00 | Bria Halama       | 11 Independence-Gil       | 4/29 | Independence-Gilm Vs Whitehall |
| 36' 02.50 | Caitlin Thomson   | 11 Whitehall              | 4/13 | Bangor Invite                  |
| 34' 08.50 | Holly Denfield    | 9 Edgar                   | 5/3  | Edgar Triangular               |
| 34' 08.00 | Tessa Thurs       | 9 Edgar                   | 5/13 | Edgar Triangular               |
| 34' 06.25 | Margo Rosandick   | 12 Pittsville             | 4/19 | Athens Meet                    |
| 34' 03.00 | Sabrina Morgan    | 11 Port Edwards           | 4/27 | Wood Cnty @ Pittsville         |
| 34' 01.00 | Emily Jaeger      | 11 Suring                 | 5/14 | M & O Conf @ Coleman           |
| 34' 00.00 | Emily Schuster    | 12 Newman Catholic        | 4/29 | Auburndale HS Invitational     |
| 33' 10.00 | Tricia Hanson     | 11 Turtle Lake-Clayton    | 4/15 | Doug Speilman Mem @ Tony       |
| 33' 06.50 | Jena Heidmannn    | 10 Edgar                  | 4/29 | Five Team Meet @ Edgar         |
| 33' 05.50 | Jenna Breaker     | 11 Tigerton               | 5/3  | T-Bird Invite @ Iola           |
| 33' 05.00 | Katie Brownson    | 12 Florence               | 2/7  | USA TF @ Carthage              |
| 33' 02.00 | Heidi Studinski   | 11 Pacelli                | 5/15 | CWC - 8 Chanp's @ Pacelli      |
| 33' 00.75 | Tara Matter       | 9 Spencer                 | 4/29 | Auburndale HS Invitational     |
| 33' 00.00 | Mallory Zart      | 12 Fennimore              | 4/29 | Cuba City Invitational         |
| 33' 00.00 | Danielle Muntner  | 10 Wild Rose              | 4/29 | Tri-County @ Plainfield        |
| 32' 10.50 | Marianna Esveld   | 9 Fall River              | 5/7  | 21st Deerfield Classic         |
| 32' 07.25 | Haley Bresina     | 10 McDonnell Central      | 4/16 | Gilman Invitational            |
| 32' 06.00 | Katie Place       | 12 Blackhawk              | 4/9  | Darlington Invite              |
| 32' 02.50 | Jade Johnson      | 11 Frederic               | 4/15 | Spooner Invitational           |

# Wisconsin Girls High School D3 Track and Field Honor Roll

Week 9 May 10 - May 15, 2010: [ Compiled 5/15/10 at 7:14 PM ]

| 5' 09.00 Melum/Juedes/Townsend |                         | Iola-S/Clear L/Elk M |                           | 2009 | High Jump                      |
|--------------------------------|-------------------------|----------------------|---------------------------|------|--------------------------------|
| 5' 09.00                       | Katie Langmeier         | 12                   | Cuba City                 | 4/29 | Cuba City Invitational         |
| 5' 08.00                       | Rachel Melum            | 12                   | Iola-Scandinavia          | 4/24 | Waupaca Cnty @ New London      |
| 5' 05.00                       | Jenna Breaker           | 11                   | Tigerton                  | 4/19 | CWC Pre-Conf @ Marion HS       |
| 5' 04.00                       | Anne Rauschert          | 11                   | Wayland Acad [Sch Record] | 4/23 | Dodge Cnty Invite @ Beaver D   |
| 5' 04.00                       | Audra Winter [Sch Recd] | 10                   | Manitowoc Lutheran        | 4/20 | Chilton Triangular             |
| 5' 03.00                       | Brittany Bradley        | 11                   | River Ridge               | 5/3  | Timberwolves Inv @ River Ridge |
| 5' 02.00                       | Alexa Patza             | 11                   | Shiocton                  | 4/29 | Tri-County @ Plainfield        |
| 5' 02.00                       | Alyssa Iserman          | 10                   | Southwestern              | 4/29 | Cuba City Invitational         |
| 5' 02.00                       | Hailey Brown            | 11                   | Royall                    | 4/22 | BRF Junior Varsity Meet        |
| 5' 02.00                       | Mallory Zart            | 12                   | Fennimore                 | 4/3  | Benton Inv. @ UW-Platteville   |
| 5' 02.00                       | Katie Brownson          | 12                   | Florence                  | 3/7  | USA TF MN Indr Cham'ships      |
| 5' 00.00                       | Brittany Dziki          | 10                   | Hillsboro                 | 5/14 | Reynolds Inv. @ Boscobel       |
| 5' 00.00                       | Teenie Lightfuss        | 10                   | Oshkosh Lourdes           | 5/11 | Princeton Triple Dual          |
| 5' 00.00                       | Lauren Carpenter        | 12                   | Cambridge                 | 5/7  | 21st Deerfield Classic         |
| 5' 00.00                       | Caitlin Thomson         | 11                   | Whitehall                 | 5/6  | Eleva-Strum Double Dual        |
| 5' 00.00                       | Abigail Merriam         | 9                    | Darlington                | 4/29 | Cuba City Invitational         |
| 5' 00.00                       | Katie Siewert           | 12                   | Newman Catholic           | 4/29 | Auburndale HS Invitational     |
| 5' 00.00                       | Karissa Kaiser          | 12                   | Stratford                 | 4/19 | Stratford Triangular           |
| 5' 00.00                       | Kenadi Batchelor        | 9                    | Owen-Withee               | 4/15 | Marathon HS Invitational       |
| 5' 00.00                       | Michelle Mangin         | 12                   | Reedsville                | 3/30 | Oshkosh HS Inv SM @ UW-Osh     |
| 11' 00 Jamie Scott             |                         | Rosholt              |                           | 2005 | Pole Vault                     |
| 11' 06.00                      | Faryn Wirkus            | 10                   | Edgar [Record]            | 5/10 | Schultz Inv @ Edgar            |
| 10' 03.00                      | Marlena Wagner          | 9                    | Lena                      | 5/14 | M & O Conf @ Coleman           |
| 10' 01.00                      | Amber Rogers            | 12                   | Deerfield                 | 5/14 | Raider Invite @ Belleville     |
| 09' 06.00                      | Kara Krahenbuhl         | 12                   | Darlington                | 5/14 | Reynolds Inv. @ Boscobel       |
| 09' 06.00                      | Kelly Tomfohrde         | 11                   | Auburndale                | 5/3  | Chequamegon Inv @ Park Falls   |
| 09' 06.00                      | Hannah Pospyhalla       | 12                   | Edgar                     | 4/19 | Edgar @ Marathon               |
| 09' 06.00                      | Dana Lemanski           | 10                   | Edgar                     | 4/19 | Edgar @ Marathon               |
| 09' 03.00                      | Karen Burrows           | 12                   | Cuba City                 | 4/20 | Fennimore Triangular           |
| 09' 00.00                      | Jenne Wiedemeier        | 12                   | Crivitz                   | 5/14 | M & O Conf @ Coleman           |
| 09' 00.00                      | Steph Walek             | 12                   | Independence-Gilmanton    | 5/4  | Lincoln/Indep Gil/Alma         |
| 09' 00.00                      | Rychia Bosman           | 11                   | Gibraltar [School Record] | 4/26 | Door Cnty Classic @ Gibraltar  |
| 09' 00.00                      | Teresa Rock             | 11                   | Newman Catholic           | 4/22 | Antigo Meet                    |
| 08' 06.00                      | Chelsea Fortin          | 11                   | Darlington                | 5/7  | 21st Deerfield Classic         |
| 08' 06.00                      | Mackenzie Miller        | 12                   | Glenwood City             | 4/22 | Colfax Invitational            |
| 08' 06.00                      | Lydia Sondalle          | 12                   | Princeton                 | 3/23 | Liz Waters Meet @ UW-Osh       |
| 08' 06.00                      | Micaela Grosbier        | 11                   | Algoma                    | 3/19 | Point Invitational @ UW-SP     |
| 08' 00.00                      | Desiree Knapp           | 12                   | River Ridge               | 5/3  | Timberwolves Inv @ River Ridge |
| 08' 00.00                      | Marit Henckel           | 11                   | Onalaska Luther           | 4/20 | Knight Inv @ Onalaska Luther   |
| 08' 00.00                      | Cassandra Zuelke        | 12                   | Stratford                 | 4/15 | Medford Early Invite           |
| 08' 00.00                      | Shannon Heller          | 12                   | Lincoln                   | 4/15 | Lincoln Invitational           |