

**Tuesday 5/10/11**

|                      | 10                    | 8                  | 6                   | 4                   | 2                  | 1                 |
|----------------------|-----------------------|--------------------|---------------------|---------------------|--------------------|-------------------|
| Event                | 1st                   | 2nd                | 3rd                 | 4th                 | 5th                | 6th               |
| <b>Shot Put</b>      | Lyndsey Thorpe        | Shelby Mahr        | Wendy Barth         | Amy Plechacek       | Dessa Reil         | Emily Gokey       |
|                      | SB                    | SB                 | NE                  | SB                  | NE                 | OW                |
|                      | 44' 7"                | 39'                | 34' 11"             | 33' 10"             | 33' 8"             | 31' 6"            |
| <b>Discus</b>        | Shelby Mahr           | Dessa Reil         | Lyndsey Thorpe      | Wendy Barth         | Amy Plechacek      | Johannah Goerlitz |
|                      | SB                    | NE                 | SB                  | NE                  | SB                 | OW                |
|                      | 114' 11"              | 98' 7"             | 94' 10"             | 91' 3"              | 90' 4"             | 80' 10"           |
| <b>Pole Vault</b>    | Hallie Eisfeldt T1    | Brittany Nelson T1 | Shania Hanson       | Caitlyne Naughton   | Jeni Glaze         | Lindsey Guden     |
|                      | NE                    | SB                 | SB                  | NE                  | NE                 | PI                |
|                      | 7'                    | 7'                 | 7'                  | 7'                  | 7'                 | 6'                |
| <b>High Jump</b>     | Shantel Hartzell      | Shania Gorton      | Kenadi Batchelor    | Stephanie Szymanski | Wendy Barth        | Megan Pickett     |
|                      | SB                    | LO                 | OW                  | SB                  | NE                 | NE                |
|                      | 4' 8"                 | 4' 6"              | 4' 6"               | 4' 6"               | 4' 4"              | 4' 4"             |
| <b>Triple Jump</b>   | Morgan Pankratz       | Kelly Stauske      | Jennifer Hurlebaus  | Tory Palmer         | Katie Beck         |                   |
|                      | NE                    | SB                 | OW                  | PI                  | OW                 |                   |
|                      | 30' 1.5"              | 26' 8.5"           | 26' 3.5"            | 24' 9.5"            | 24' 5.5"           |                   |
| <b>Long Jump</b>     | Shelby Mahr           | Sammie Pfeiffer    | Alissa Fritz        | Brittney Trybula    | Julei Burzynski    | Katlyn Rau        |
|                      | SB                    | NE,                | OW                  | NE                  | SB                 | OW                |
|                      | 13' 8"                | 13' 8"             | 13' 5.5"            | 13' 5"              | 13' .5"            | 12' 6"            |
| <b>100m HH</b>       | Marissa Mahr          | Shantel Hartzell   | Lindsey Ryba        | Julia Schmelzer     | Shianne Rassmussen | Sabrina Roehl     |
|                      | SB                    | SB                 | OW                  | OW                  | PI                 | LO                |
|                      | 15.72                 | 15.81              | 17.39               | 19.73               | 19.77              | 21.23             |
| <b>100m Dash</b>     | Julie burzynski       | Katrina Peterson   | Shasta Fleming      | Katlyn Rau          | Emily Zettler      | Aleesha Helgeson  |
|                      | SB                    | NE                 | SB                  | OW                  | LO                 | Gr                |
|                      | 13.43                 | 14.01              | 14.17               | 14.5                | 14.67              | 15.19             |
| <b>1600m Run</b>     | Kayla Milas           | Angelina Kirckof   | Izzy Niemi          | Kerra Conrad        | Lindsey Kuhn       |                   |
|                      | SB                    | Sb                 | OW                  | PI                  | NE                 |                   |
|                      | 05:55.2               | 05:58.5            | 06:27.3             | 06:48.3             | 06:52.9            |                   |
| <b>400m Run</b>      | Brittney Trybula      | Caitlyne Naughton  | Stephanie Szymanski | Alissa Fritz        | Shania Gorton      | Aleesha Helgeson  |
|                      | NE                    | NE                 | SB                  | OW                  | LO                 | Gr                |
|                      | 01:06.3               | 01:07.1            | 01:07.4             | 01:10.4             | 01:14.9            | 01:16.8           |
| <b>300m IH</b>       | Marissa Mahr          | Sammie Pfeiffer    | Shantel Hartzell    | Jen Quinnell        | Emily Heggemier    | Lindsey Ryba      |
|                      | SB                    | NE                 | SB                  | PI                  | OW                 | OW                |
|                      | 49.68                 | 52.21              | 55.92               | 58.26               | 58.47              | 59.66             |
| <b>800m Run</b>      | Rita Post             | Alissa Fritz       | anna Schwanebeck    | Lindsey Kuhn        | Kerra Conrad       | Katie Beck        |
|                      | SB                    | OW                 | PI                  | NE                  | PI                 | OW                |
|                      | 02:49.3               | 02:56.5            | 03:05.2             | 03:10.1             | 03:16.4            | 03:19.8           |
| <b>200m Dash</b>     | Marissa Mahr          | Brittney Trybula   | Taylor Pralle       | Kenadi Batchelor    | Emily Zettler      | Jessica Hurlebaus |
|                      | SB                    | NE                 | PI                  | OW                  | LO                 | OW                |
|                      | 28.09                 | 29.53              | 29.8                | 30.13               | 30.32              | 31.14             |
| <b>3200m Run</b>     | Danea Zeigle          | Kayla Milas        | Angelina Kirckof    | Izzy Niemi          |                    |                   |
|                      | NE                    | SB                 | SB                  | Ow                  |                    |                   |
|                      | 12:40.9               | 13:07.7            | 13:08.6             | 13:58.0             |                    |                   |
| <b>Relay Scoring</b> | <b>tom salo 76770</b> |                    |                     |                     |                    |                   |
|                      | 10                    | 8                  | 6                   | 4                   | 2                  | 0                 |
| Event                | 1st                   | 2nd                | 3rd                 | 4th                 | 5th                | 6th               |
| <b>3200m Relay</b>   |                       |                    |                     |                     |                    |                   |
|                      | PI                    | SB                 | OW                  |                     |                    |                   |
|                      | 11:34.8               | 11:43.9            | 12:47.2             |                     |                    |                   |
| <b>800m Relay</b>    |                       |                    |                     |                     |                    |                   |
|                      | NE                    | OW                 | SB                  | PI                  |                    |                   |
|                      | 02:01.7               | 02:04.1            | 02:04.8             | 02:05.3             |                    |                   |
| <b>400m Relay</b>    |                       |                    |                     |                     |                    |                   |
|                      | SB                    | OW                 | NE                  | LO                  |                    |                   |
|                      | 56.04                 | 57.43              | 59.08               | 01:00.9             |                    |                   |
| <b>1600m Relay</b>   |                       |                    |                     |                     |                    |                   |
|                      | NE                    | SB                 | OW                  |                     |                    |                   |
|                      | 04:39.0               | 04:43.7            | 05:20.8             |                     |                    |                   |
| <b>400m Wt.Relay</b> |                       |                    |                     |                     |                    |                   |
| <b>Non Scoring</b>   | SB                    | NE                 | OW                  | PI                  |                    |                   |

| Event | 01:04.0 | 01:04.1 | 01:04.8 | 01:05.6 |  |
|-------|---------|---------|---------|---------|--|
|       |         |         |         |         |  |



