

Girls 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Heilman, Brittany	West Salem	13.70	14.07	3	5
2 Kruser, Allecia	West Salem	13.60	14.09	3	3
3 Boone, Katie	Melrose Mindoro	14.50	14.41	3	2
4 Althoff, Abby	West Salem	13.90	14.50	3	1
5 Kelsey, Katelyn	West Salem	14.50	14.62	3	
6 Niemeier, Taylor	West Salem	15.50	14.68	2	
7 Meyer, Morgan	West Salem	14.80	14.76	2	
8 Christopherson, Elizabet	Melrose Mindoro	14.60	15.34	3	
9 Indahl, Becky	Melrose Mindoro	15.80	15.68	1	
10 Larry, Marissa	Cashton		15.77	1	
11 Blumer, Kara	West Salem	15.40	15.81	2	
12 Olson, Alexis	Melrose Mindoro	18.70	16.94	1	
13 Kozlecka, Justyna	Melrose Mindoro	17.30	18.47	1	
14 Marco, Ali	Melrose Mindoro	19.40	18.71	1	

Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Novak, Kelsey	West Salem	1:06.00	1:04.52	2	5
2 Rodenberg, Samantha	Melrose Mindoro	1:07.00	1:05.65	2	3
3 Freybler, Alyssa	West Salem	1:08.30	1:07.16	2	2
4 Wiedemann, Siera	West Salem	1:12.23	1:08.69	1	1
5 Falck, Marisa	West Salem	1:11.00	1:09.50	2	
6 Pipkin, Stephanie	Melrose Mindoro	1:12.00	1:13.46	1	

Girls 200 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Roberts, Christina	Melrose Mindoro	29.00	29.21	3	5
2 Kruser, Allecia	West Salem	30.80	29.97	3	3
3 Freybler, Alyssa	West Salem	30.00	30.25	3	2
4 Meyer, Morgan	West Salem	30.50	31.16	3	1
5 Christopherson, Elizabet	Melrose Mindoro	29.80	31.25	3	
6 Niemeier, Taylor	West Salem	32.00	31.28	2	
7 Staberg, Bridget	West Salem	32.70	32.33	2	
8 Rich, Erica	West Salem	33.80	32.81	1	
9 Aasen, Abby	Melrose Mindoro	33.30	33.25	2	
10 Blumer, Kara	West Salem	34.82	33.32	1	
11 Kriesel, Samantha	Melrose Mindoro	36.00	34.15	1	
12 Kozlecka, Justyna	Melrose Mindoro	35.10	40.00	1	

Girls 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Thorn, Kathleen	West Salem	2:45.70	2:42.40	5
2 Pfaff, Macie	Melrose Mindoro	2:48.00	2:42.60	3
3 Massoth, Marissa	West Salem	2:50.00	2:49.10	2
4 Pipkin, Stephanie	Melrose Mindoro	2:55.00	2:53.50	1
5 Schwartz, Emma	West Salem	2:54.75	2:55.30	

....Girls 800 Meter Run

6 Helstad, Laura	West Salem	2:55.86	3:01.00
7 Schwartz, Ellie	West Salem	3:04.00	3:09.20
8 Arentz, Kala	Cashton	3:08.00	3:11.60
9 Johnson, Miranda	Melrose Mindoro	2:59.00	3:15.10
10 Dickman, Jacky	Cashton		3:16.90
11 Rybak, Kseniya	Cashton		3:45.10

Girls 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Thorn, Kathleen	West Salem	6:10.00	6:02.20	5
2 Mikel, Tiana	Melrose Mindoro	6:20.00	6:14.80	3
3 Massoth, Marissa	West Salem	6:45.00	6:21.60	2
4 Helstad, Laura	West Salem	6:28.00	6:36.20	1
5 Murray, Elizabeth	Melrose Mindoro	6:41.00	6:43.80	
6 Schwartz, Ellie	West Salem	6:50.00	6:49.80	

Girls 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Novak, Kelsey	West Salem	12:45.00	12:51.00	5
2 Henriksen, Katie	West Salem	13:45.00	13:07.10	3
3 Gronemus, Sarah	Cashton		13:31.60	2
4 Mikel, Tiana	Melrose Mindoro	13:30.00	13:38.90	1
5 Korn, Amelia	Cashton		14:23.70	
6 Kammel, Cortney	West Salem	13:59.00	14:56.20	

Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Oium, Ari	Cashton	16.80	16.16	2	5
2 Arentz, Alyssa	Cashton	18.10	16.98	2	3
3 Bina, CJ	West Salem	17.50	17.56	2	2
4 Knudson, Sammie	Melrose Mindoro	17.50	17.87	2	1
5 Kunes, Miranda	Melrose Mindoro	17.40	17.96	2	
6 Staberg, Bridget	West Salem	19.50	19.59	2	
7 Kriesel, Jessica	Melrose Mindoro	19.90	20.94	1	
8 Kowalsky, Brianna	Melrose Mindoro	24.00	22.27	1	
9 Kriesel, Samantha	Melrose Mindoro	25.00	23.19	1	

Girls 300 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Bina, CJ	West Salem	50.50	50.25	5
2 Oium, Ari	Cashton	52.90	51.23	3
3 Knudson, Sammie	Melrose Mindoro	53.00	53.19	2
4 Tabbert, Megan	West Salem	55.50	53.87	1
5 Kriesel, Samantha	Melrose Mindoro	1:05.00	1:02.00	

....Girls 300 Meter Hurdles

6 Kriesel, Jessica	Melrose Mindoro	58.80	1:02.31
7 Aasen, Abby	Melrose Mindoro	1:01.00	1:03.43

Girls 4x100 Meter Relay

School	Seed	Finals	Points
1 Melrose Mindoro 'A'	56.00	55.13	5
1) Kunes, Miranda	2) Kunes, Melinda		
3) Boone, Katie	4) Roberts, Christina		
2 West Salem 'A'	56.50	55.31	3
1) Althoff, Abby	2) Heilman, Brittany		
3) Kelsey, Katelyn	4) Kruser, Allecia		
3 Melrose Mindoro 'B'	1:08.00	1:08.34	
1) Marco, Ali	2) Kowalsky, Brianna		
3) Olson, Alexis	4) Kozlecka, Justyna		

Girls 4x200 Meter Relay

School	Seed	Finals	Points
1 West Salem 'A'	1:58.00	1:56.91	5
1) Heilman, Brittany	2) Tabbert, Megan		
3) Meyer, Morgan	4) Welch, Jessie		
2 Melrose Mindoro 'A'	2:01.00	2:03.03	3
1) Kunes, Miranda	2) Kunes, Melinda		
3) Boone, Katie	4) Christopherson, Elizabeth		
3 West Salem 'B'	2:14.00	2:06.69	
1) Althoff, Abby	2) Blumer, Kara		
3) Niemeier, Taylor	4) Rich, Erica		
4 Melrose Mindoro 'B'	2:08.00	2:13.78	
1) Kriesel, Jessica	2) Kowalsky, Brianna		
3) Olson, Alexis	4) Aasen, Abby		

Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 West Salem 'A'	4:35.00	4:28.59	5
1) Tabbert, Megan	2) Falck, Marisa		
3) Welch, Jessie	4) Bina, CJ		
2 Melrose Mindoro 'A'	4:42.00	4:29.00	3
1) Pfaff, Macie	2) Roberts, Christina		
3) Knudson, Sammie	4) Rodenberg, Samantha		
3 West Salem 'B'	4:45.00	4:46.60	
1) Massoth, Marissa	2) Helstad, Laura		
3) Schwartz, Ellie	4) Wiedemann, Siera		
4 Cashton 'A'		4:51.93	
1) Arentz, Alyssa	2) Oium, Ari		
3) Weibel, Sara	4) Slattery, Colleen		

Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Cashton 'A'		11:05.12	5
1) Gronemus, Sarah	2) Korn, Amelia		
3) Weibel, Sara	4) Slattery, Colleen		
2 West Salem 'A'	11:30.00	11:16.00	3

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|------------------------|----------------------|----------|----------|
| 1) Falck, Marisa | 2) Henriksen, Katie | | |
| 3) Schwartz, Emma | 4) Kammel, Cortney | | |
| 3 Melrose Mindoro 'A' | | 11:30.00 | 11:19.96 |
| 1) Johnson, Miranda | 2) Pipkin, Stephanie | | |
| 3) Rodenberg, Samantha | 4) Pfaff, Macie | | |

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Welch, Jessie	West Salem	5-02.00	4-10.00	5
2 Schaldach, Marisa	Cashton	4-06.00	4-08.00	3
3 Knudson, Sammie	Melrose Mindoro	4-02.00	4-04.00	1.50
3 Kunes, Melinda	Melrose Mindoro	4-04.00	4-04.00	1.50
5 Slattery, Colleen	Cashton	4-02.00	J4-04.00	
6 Tabbert, Megan	West Salem	4-04.00	4-02.00	
7 Christopherson, Elizabet	Melrose Mindoro	4-00.00	4-00.00	
8 Peters, Courtney	Melrose Mindoro	4-02.00	3-10.00	
9 Olson, Alexis	Melrose Mindoro	3-08.00	J3-10.00	

Girls Pole Vault

Name	Year School	Seed	Finals	Points
1 Althoff, Abby	West Salem	5-05.00	6-06.00	5
2 Rich, Erica	West Salem	6-00.00	6-00.00	3
3 Blumer, Kara	West Salem	5-00.00	5-06.00	2

Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Bina, CJ	West Salem	16-07.00	16-03.00	5
2 Oium, Ari	Cashton		15-06.00	3
3 Arentz, Alyssa	Cashton		14-08.50	2
4 Roberts, Christina	Melrose Mindoro	13-09.00	14-07.00	1
5 Kelsey, Katelyn	West Salem	13-09.00	14-06.00	
6 Hemmersbach, Ally	Cashton		13-06.00	
6 Massoth, Marissa	West Salem	12-05.00	13-06.00	
8 Murray, Elizabeth	Melrose Mindoro	13-07.00	13-05.50	
9 Kunes, Miranda	Melrose Mindoro	13-08.00	13-05.00	
10 Pipkin, Stephanie	Melrose Mindoro	12-04.00	13-04.00	
11 Mikel, Tiana	Melrose Mindoro	11-08.00	12-08.00	
11 Indahl, Becky	Melrose Mindoro	13-01.00	12-08.00	
13 Aasen, Abby	Melrose Mindoro	11-07.00	11-11.50	
14 Novak, Kelsey	West Salem	13-06.00	11-10.00	
15 Niemeier, Taylor	West Salem	11-08.00	11-01.50	
16 Arentz, Kala	Cashton		11-01.00	
17 Kozlecka, Justyna	Melrose Mindoro	11-02.00	9-05.50	

Girls Triple Jump

Name	Year School	Seed	Finals	Points
1 Arentz, Alyssa	Cashton		32-09.00	5
2 Boone, Katie	Melrose Mindoro	28-05.00	31-02.00	3
3 Kruser, Allecia	West Salem	29-04.00	30-08.00	2

4	Kelsey, Katelyn	West Salem	29-03.00	30-02.50	1
5	Hemmersbach, Ally	Cashton		29-10.00	
6	Peters, Courtney	Melrose Mindoro	29-02.00	29-01.00	
7	Slattery, Colleen	Cashton		27-03.50	
8	Indahl, Becky	Melrose Mindoro	28-04.00	27-01.00	
9	Staberg, Bridget	West Salem	26-11.00	26-09.00	
10	Larry, Marissa	Cashton		26-00.00	

Girls Shot Put

Name	Year	School	Seed	Finals	Points
1	Antony, Kendra	Melrose Mindoro	32-00.00	31-05.50	5
2	Cummings, Sonia	Cashton		27-08.50	3
3	Gray, Angela	West Salem	25-10.00	27-07.50	2
4	Kirchner, Danielle	Melrose Mindoro	27-07.00	27-03.50	1
5	Hegge, Vanessa	Melrose Mindoro	27-05.00	27-01.50	
6	Dickman, Jacky	Cashton		26-08.00	
7	Young, Bridget	West Salem	24-07.00	24-07.50	
8	Bjornstad, Katrina	Cashton		24-04.00	
9	Christopherson, Page	Melrose Mindoro	22-00.00	23-07.50	
10	Larson, Kaytlyn	West Salem	24-01.00	22-09.00	
11	Mack, Chelsey	Cashton		22-08.00	
12	Butzler, Erin	West Salem	22-00.00	22-02.00	
13	Leis, Danielle	Cashton		21-04.50	
14	Meyer, Jenny	West Salem	22-11.00	21-01.00	
15	Denstad, Sarah	Melrose Mindoro	19-00.00	20-09.00	
16	Marco, Ali	Melrose Mindoro	19-03.00	19-00.00	
17	Munger, Hannah	West Salem	21-00.00	17-01.00	

Girls Discus Throw

Name	Year	School	Seed	Finals	Points
1	Gray, Angela	West Salem	90-00	87-04	5
2	Kunes, Melinda	Melrose Mindoro	74-00	82-07	3
3	Rodenberg, Samantha	Melrose Mindoro	80-00	81-11	2
4	Antony, Kendra	Melrose Mindoro	78-00	80-00	1
5	Mack, Chelsey	Cashton		74-06	
6	Kirchner, Danielle	Melrose Mindoro	75-00	73-11	
6	Peters, Courtney	Melrose Mindoro	69-00	73-11	
8	Meyer, Jenny	West Salem	67-00	69-08	
9	Hegge, Vanessa	Melrose Mindoro	68-00	67-07	
10	Bjornstad, Katrina	Cashton		63-08	
11	Cummings, Sonia	Cashton		62-04	
12	Young, Bridget	West Salem	68-00	58-07	
13	Dickman, Jacky	Cashton		57-01	
14	Christopherson, Page	Melrose Mindoro	60-00	56-05	
15	Larson, Kaytlyn	West Salem	65-00	56-00	
16	Leis, Danielle	Cashton		53-06	
....Girls Discus Throw					
17	Munger, Hannah	West Salem	55-00	51-11	
18	Butzler, Erin	West Salem	60-00	51-07	
19	Johnson, Miranda	Melrose Mindoro	55-00	47-02	

Women - Team Rankings - 18 Events Scored

1) West Salem	100	2) Melrose Mindoro	51
3) Cashton	34		